

PROSPECTUS



HillSiDE

ESTD-1996
GROUP OF INSTITUTIONS
BANGALORE

Ayurveda

Pharmacy

Nursing

Physiotherapy

Paramedical

Management

INTELLIGENCE
+ CHARACTER

The Goal of
True Education

FINANCIAL
MARKETS AND
INSTITUTIONS

Welcome to Hillside Group of Institutions

Hillside Group of Institutions started back in 1996 by Bheemachandra Education Trust. Hillside Group has various educational institutions ranging from Kindergarten to PG courses in and around Bangalore city. Started with healthcare education, basic schools and added more and more courses in the field of nursing, Pharmacy, Ayurveda, Physiotherapy, Vocational Diploma course, Business management and commerce. Hillside Group of Institutions is a distinguished educational institution, combining excellence with innovation. Hillside Group of Institutions places a high value on providing its students with fulfilling educational experience in their chosen discipline. It offers a wide range of academic courses to students, giving them a solid academic foundation and enabling them to achieve individual goals. The starting of various educational programs under Hillside banner was to espouse the noble cause of providing quality education to all. Hillside Group believes in creating a multicultural and varied environment for the students to learn and develop in. Our student body comprise of not just candidates from India, but also from various countries.

Hillside Group can easily be considered as one of the best in the industry. It is well known for its superior education and strict follower of rules and protocols. No shortcuts and fast pacing in the medical division or academic area is entertained. It is well established and has been in the process of imparting education for more than 20 years. Hillside Group provides you the comprehensive education processes to impart knowledge and skills, both for the progress and evolution of young students for the different levels.

Overview

The students are prepared to play a vital role in serving humanity through medical field. Since the establishment, the goal of this institution has been to develop students with a strong academic background and excellence in the field chosen. The group offers numerous courses and programs all being designed to educate exceptionally well and in a student friendly pattern. Since its inception, the college has been introducing courses in the various field of medicine, and other sciences to provide more opportunities to the students and enhance the academics of the institution. The excellent education process of Hillside Group produces brilliant professionals with vast knowledge and generous and caring human beings.



VARIOUS STREAMS OF HILLSIDE GROUP OF INSTITUTIONS

The education and training imparted to the students can be matched with the top educational institutes in India. The different courses in medicine produces excellent trained professionals in the respective field. Bheemachandra Education Trust started Hillside school of Nursing in the year 1996 and followed by College of Nursing. Hillside School and College of Nursing, affiliated To Rajiv Gandhi University of Health Sciences and approved by Indian Nursing Council.

Hillside Ayurveda Medical College and Hospital is one of the distinguished and prestigious medical institution in India. Today Ayurveda is considered as the modern medicine and more and more people are changing their lifestyle accordingly. Age old treatment has taken a leading step towards healing and has changed the outlook of millions.

Hillside College of Pharmacy and Research Centre is one of the top pharmacy colleges in Bangalore with sophisticated laboratory facilities and a well-equipped digital library. Students are educated by the best, qualified and experienced teachers. The scope of pharmacy practice includes more traditional roles such as compounding and dispensing medications. It also includes clinical services, reviewing medications for safety and efficacy, and providing drug information. Pharmacists, therefore, are the experts on drug therapy and are the primary health professionals who optimize use of medication for the benefit of the patients.

Hillside Business School is now considered as one of the best in India. Excellent infrastructure and well educated and dedicated staff and faculty has given Hillside Business School a well reputed name in the top schools in India. Hillside provides you the comprehensive education processes to impart knowledge and skills, both for the progress and evolution of young students for the different levels.

Hillside group of institutions also provide Degree course BBA, BCA, B.Com In addition to this it also has vocational diploma courses which are great career prospects. It has a well-earned name of being one of the top Institutions in the country.



Hillside
GROUP OF INSTITUTIONS

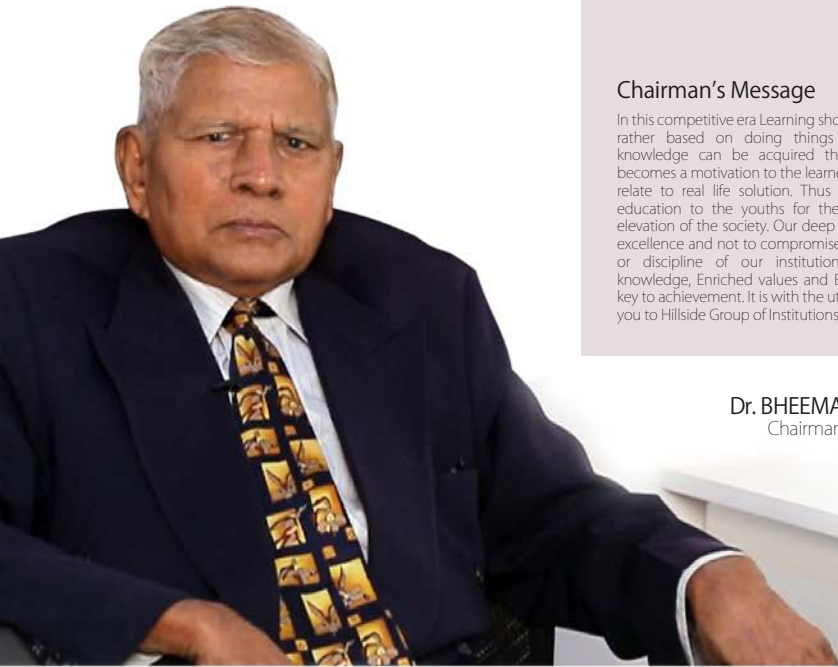
Vision

Our institution aspires to be an academic leader recognized for innovation and quality in teaching and learning, and to provide international standing in strategic research areas, commitment to outreach and service to the Society and to indulge positive values and discipline into the lives of our students to effective holistic transformation within them.

Mission

Our institution is committed to the intellectual, personal, and professional growth of our students, faculty, and staff and dedicated to excellence in teaching and scholarship, cultural enrichment, and service. The goal of the college is to empower a diverse population of students to succeed as citizens of a challenging world.





Chairman's Message

In this competitive era Learning should not "just know things" rather based on doing things efficiently. The skill of knowledge can be acquired through education which becomes a motivation to the learner and they can apply and relate to real life solution. Thus our aim is to give best education to the youths for their future endeavors and elevation of the society. Our deep root belief is in academic excellence and not to compromise on curriculum standards or discipline of our institution. To provide Explored knowledge, Enriched values and Excelled academics is our key to achievement. It is with the utmost gladness I welcome you to Hillside Group of Institutions.

Dr. BHEEMAPPA
Chairman

Secretary's Message

Today there is a great significance in the field of education, thus the value of education has up-reach the sky limit. Students should now be clear-sighted enough to see that the world needs from them not the same but distinct contributions to upraise and reach their goals, so as to help the students in achieving those goals career oriented courses are very important. By keeping this view in mind our college has thrived in providing quality education for the excellence of the students. Overall development of the students is the goal of education and we ensure that there is no stone left unturned to equip the student of today for the challenges of life. Achievement of any Institute depends mainly on performance of the students in academics, sports and cultural activities along with maintaining high values and discipline. I am Proud to say that our students are doing excellent in academics, sports and cultural activities with high values and ethics and nevertheless we always encourage our students to showcase their talents in all aspects which indeed helps to impart the practical knowledge as well as build the students efficiently. I assure that our college will provide what is needed by the students to compete in the challenging world. We mould our students in such a way that they stand on their own feet and come out in flying colors by meeting their goals of their life's. With great pride I would like to inform you that you are in safe source and we put all our efforts to bring success in your lives as we ensure you that your future is in our hands, as we just don't create future instead we craft you for the bright future.

Dr. S.B UMESH BABU
Secretary





Ayurveda

Ayurveda is one of the oldest schools of medicine in the world. Ayurveda is healthcare system tuned with natural living. It is more than a medical system, it is a way of life. Ayurveda as a knowledge or theory or as a medicinal system originated in Indian sub-continent thousands of years ago. The basic principles and medicines of Ayurveda found in the Hindu scriptures, contains a series of prescriptions that can help humans overcome various ailments. Ayurveda teaches one to live by nature following rules of nature in diet, exercise, and every part of being and doing. Ayurveda is considered by many as the 'mother of healing.



Departments

- Kayachikitsa
- Shalya Tantra
- Shalaky Tantra
- Kaumarbhritya
- Prasuti Tanthra & Striroga
- Panchakarma
- Samhitha Siddhanta
- Roga Nidan & Vikrithi Vignan
- Swasthavritta
- Dravyaguna
- Agada Tantra & Vyavahar Ayurveda
- Rasasastra & Bhaishajya Kalpana
- Rachana Sharir
- Kriya Sharir

BAMS

Duration: 5 years 6 month

Eligibility: 10+2 with PCB minimum 50% Mark



Affiliated to
RGUHS



Recognized by
CCIM



Recognized by
AYUSH MINISTRY





Pharmacy

Pharmacy is the science and technique of preparing and dispensing drugs. It is a health profession that links health sciences with chemical sciences and aims to ensure the safe and effective use of pharmaceutical drugs. Pharmacy is a diverse and rewarding career, with opportunities for patient care, scientific research and innovation the discipline of pharmacy has made enormous progress in production and research. It has attained independent status as pharmaceutical sciences encompassing all the stages in product development of a drug, from its discovery, identification, purity, development, action, safety, formulation, application, quality control, packaging, storage, marketing, stability studies etc. Thus, today's pharmaceutical professional is a drug expert in a true sense.

Pharmacy profession is a creative and challenging career. By choosing pharmacy as career, you can make all endeavors to create a healthy society. Numerous job opportunities are available in Community Pharmacy, Hospital Pharmacy, Clinical Services, Pharmaceutical Marketing, Research & Development, Pharmaceutical Industry, Pharmaceutical - Regulatory Affairs, Pharmacoinformatics and Academics.



Pharmacy

B.pharm

Duration: 4 years

Eligibility: 10+2 with PCB or PCM or PCC Min 50% marks

M.pharm

Pharmaceutics, Pharmacology

Duration: 2 years

B.Pharm with 50% marks

Pharm.D

Duration: 6 years

Eligibility: 10+2 with PCB or PCM or PCC Min 50% marks

THE MISSION

To optimize health of all members of society through the promotion of safe, effective and rational medicine use, patient counseling and monitoring of disease management (through pharmaceutical care).

THE VISION

In the year 2020, pharmacists and pharmaceutical scientist working with various disciplines of pharmacy will be established and recognized as the medicines expert and an expert in health promotion and disease prevention.



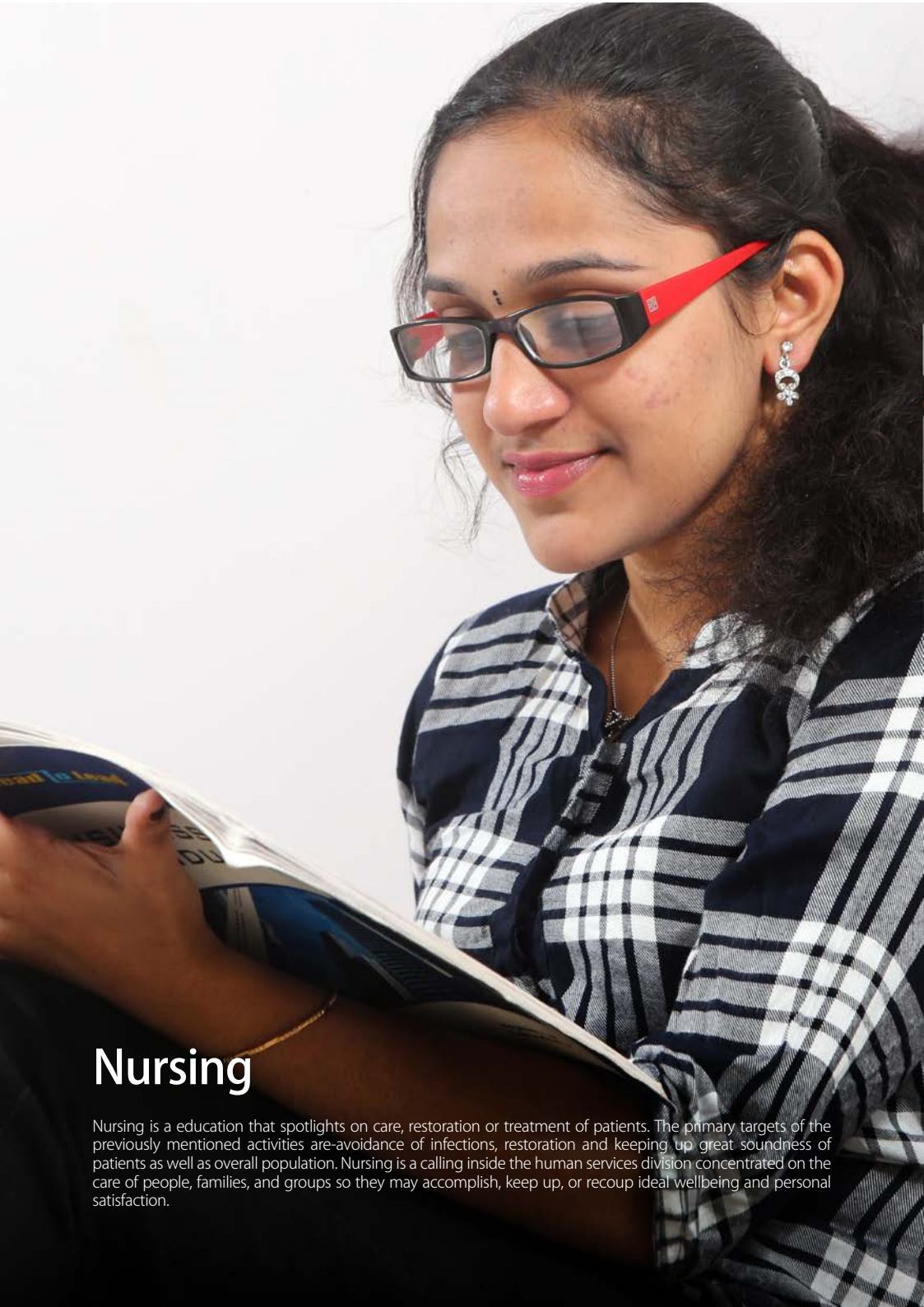
Affiliated to
RGUHS



Recognized by
PCI



Recognized by
AICTE



Nursing

Nursing is a education that spotlights on care, restoration or treatment of patients. The primary targets of the previously mentioned activities are-avoidance of infections, restoration and keeping up great soundness of patients as well as overall population. Nursing is a calling inside the human services division concentrated on the care of people, families, and groups so they may accomplish, keep up, or recoup ideal wellbeing and personal satisfaction.



GNM

Duration: 3 years
Eligibility: 10+2 or
Equivalent to any stream
with 45% marks

P.B. B.Sc Nursing

Duration: 2 years
Eligibility: GNM

B.Sc Nursing

Duration: 4 years
Eligibility: 10+2 with PCBE
with 45% marks

M.Sc Nursing

**Medical Surgical
Psychiatric
Obstetric and Gynaecology**

Duration: 2 years
Eligibility: B.Sc Nursing with
1 year clinical experience

VISION

Hillside College of Nursing makes progress toward exceptional instructive results exemplified by graduates will's identity perceived for greatness, initiative, and sympathetic care towards sick and afflicted people.

MISSION

Hillside College of Nursing teaches and rouses understudies to end up plainly energetic healers who show honesty, development, mindful and brilliance skills and Practice in Nursing care settings.



Affiliated to
RGUHS



Recognized by
**INDIAN NURSING
COUNCIL**



Recognized by
**KARNATAKA STATE
NURSING COUNCIL**



Management Studies

The Master of Business Administration (MBA) is a post graduate course in business administration. The MBA degree started in the United States in the mid twentieth century when the world was getting industrialized and business organizations looked for logical ways to deal with administration. The courses in a MBA program cover different regions of business, for example, bookkeeping, finance, marketing, HR, and operations in a way most applicable to administration investigation and system. Thus MBA is one of the most widely used Management degree across the world for the overall development of the student for today's competitive world.



MBA

Duration: 2 years
Eligibility: Any degree with Min 50% marks

BBA

Duration: 3 years
Eligibility: 10+2 with Min 50% marks

BCA

Duration: 3 years
Eligibility: 10+2 with Min 50% marks

B.Com

Duration: 3 years
Eligibility: 10+2 with Min 50% marks

- MBA in Finance
- MBA in Human Resource
- MBA in Marketing
- MBA in Health Care Management
- MBA in Startups and SME
- MBA in Banking finance and-Insurance services management

Top recruiters are drawn to HILLSIDE business school. They come seeking tomorrow's leaders, grades with exceptional talent and drive to succeed. "Individuals need to develop leadership skills to thrive in the constantly changing economy and HBS career management programme is designed to help you prepare for consistent success in that ever changing environment."



Affiliated to Bangalore University



Recognized by AICTE



Allied Science

Dip. in Dialysis: Dialysis is a treatment to channel squanders and water from your blood, permitting individuals with kidney inability to rest easy and keep doing the things they appreciate. Be that as it may, when many individuals consider dialysis, their feelings of dread can shield them from finding out about this treatment.

Dip. in X-Ray: X-Ray Expert projects permit understudies to figure out how to perform radiologic exams with the assistance of X-Ray and analytic imaging hardware. Understudies in these projects figure out how to function with patients amid ultrasound filtering and mammograms. X-Ray Professional Schools set them up to position patients for X-Rays. They are additionally instructed to ensure patients with lead shields. Understudies in X-Ray Specialist programs take in the methods of overseeing radiographic gear and other patient care aptitudes.

DMLT: Laboratory technicians are prepared experts in charge of performing complex errands and methods that are therapeutic in nature. Their employment obligations incorporate gathering and breaking down body liquid and tissue tests for irregularities, and working research center hardware and other electronic apparatuses in a lab setting. Most lab specialists work in healing centers, however some work in veterinary facilities and research lab settings.



ALLIED SCIENCE

Diploma in Dialysis

Diploma in X-ray

DMLT

- ◆ Duration: 2 years
Eligibility: 10+2 with
PCB Min 45% marks
- ◆ Duration: 3 years
Eligibility: 10th Passed
PCB Min 45% marks

Vision

Our vision is to help the society with valuable paramedical students in the respective field to help the people in their extremity.

Mission

The mission of our Institute of Paramedical Sciences is to teach and mentor future eras of master therapeutic experts.



Recognized by
Karnataka Para Medical Board

Support Centres



INDIAN STUDENTS

There are many students from various parts of Karnataka and nearby states to live in perfect harmony and serene environment. The students are eager to learn more and be efficient in their work.



INTERNATIONAL STUDENTS

Students from all over the globe are eager to join the useful and reputed course. The teaching and guiding methods of the college has gained reputation as one of the best in the teaching fraternity.



CAMPUS LIFE

The campus life in Hillside Institutes is very lively as well as educative. The college educates in an interactive and interesting way. The practicals and outdoor sessions gives the students the much needed energy to do better in their studies. There are many extra-curricular activities in the campus to keep the students happy and satisfied in turn making them excel at their studies. It's a diverse community of students at Hillside, and the activities here are as diverse and varied too. From entertainment to extra-curricular or even religious pursuits, there's never a dull moment on campus.



ARTS & CULTURE

Various cultural activities are organized and all the students and teachers take part and enjoy the diversity of culture of the world. It helps to enhance the skills of our students, and are provided with opportunities to explore their creativity. Cultural programs are organized several times during the year to encourage creative pursuits and nurture talent. Students form teams and share responsibility in organizing the events.



ATHLETICS & FITNESS

As it is said all work and no play makes a person dull and unfit. Physical exercise is important for a vibrant body and sharp mind. Hillside has schedules for athletics and fitness program. Students have numerous choices of sports and recreation. Various competitions are organized in all sports to encourage students and teachers to take part and share their victories and learn sportsmanship.



ANTI-RAGGING

Give respect to get respect is the motto followed by one and all in Hillside Institute. Campus is a place to find valuable friendship and to cherish unforgettable moments. Hillside strongly condemns any kind of ragging practices. Old students welcome the freshers and they do not believe in violence or unhealthy practices. Our faculty members impart good values with education. College also follows the anti-ragging acts and all students are made aware of it by signing the clause and if unfortunately it happens then strict actions is taken against the student.



INFRASTRUCTURE

The infrastructure and facilities of Hillside Group consists spread-out campus alongside various amenities in the form of library, computer centre, classrooms with proper teaching and learning aids, medical facilities etc. Here the students are endowed with all convenient amenities that make their life 'go easy' in college hours, alongside make learning more interesting. We have wonderful seminar hall where all workshops and seminars area held. Seminar hall is facilitated with latest technology and well equipped projectors and excellent acoustics system to provide high standard of training and education to the students.



CLASS ROOMS

The quality is truly world class which contribute to the unique sense of platoon in which students get to know their classmates and professors. It creates a friendly environment and motivate students towards their supremacy and expertise through conducive environment of participation and learning. The classrooms are spacious and airy providing the students ample moving space to be comfortable. The atmosphere is enticing for students to willing to spend time in these rooms.





CAFETERIAS

Hillside provide very hygienic & homely food to our students, where in they can opt North or South Indian food. The mess menu would be prepared according to the student's choice. Mess facilities are also excellent with a large dining area and filter water for drinking. It is well maintained in hygiene and quality surroundings. They provide quality food at very student friendly prices.



SPORTS FACILITIES

To achieve a healthier lifestyle while coping with the pressures of studying, one needs to be healthy both emotionally and physically. Hillside emphasizes the importance of sports and considers them as an integral part of the curriculum. The campus has a number of centres for physical education and sports activities that helps the students to maintain fitness and develop a competitive spirit. It has numerous outdoor playgrounds and indoor courts.



ACCOMMODATION

Hillside hostels are designed to provide a proper mix of privacy & a unique social experience. All rooms are well-furnished with internet facilities and 24/7 security. The students are required to follow the strict rules and regulations. The students are provided a secured and serene environment enabling them to focus on their studies. Students are strictly prohibited to leave the campus without the intimation of parents to the principal.



TRANSPORTATION

Hillside has taken all efforts to ensure the commuting of students - both inside and outside - as comfortable and accessible as possible. The buses transport all students from, and to the college. This helps the day scholars and local residents reach college on time with comfort. Transportation is available easily at day or night.



COMPUTER CENTERS

Hillside is offering accelerated computer lab. All the computers are connected with local area network and broadband internet facility, which shall enable the students to acquire world class professional qualification that would enhance career of student in their respective area. There are sufficient outlets for maximum of students and students can take advantage of the computer centres at any time.



LABORATORIES

Hillside Institute has state of the art laboratories. No compromises has been made in the equipments and lab facilities provided to the students. Latest and fast equipments are provided to the students. They are encouraged to share their ideas and opinions and implement them in these sophisticated laboratories under guidance and supervision of the teachers and scholars. All safety measures are strictly followed for the safety of all the students. Proper attire and gadgets are provided to the students. Paramedical course requires thorough knowledge of the medical equipments and their maintenance. The students are given repeated hands on training to become expert in their fields.



LIBRARY

Library is the soul for students. It is a centre of acquiring, processing, preserving and disseminating information to the students with the motto of empowering, skillful & superlative knowledge, Hillside Institute library has well trained staff and an automated library system to enrich our students with a wide range of academic resources such as books, volumes, CDs/DVDs, project reports, and question bank. Meeting today's digital demand our Library has high-end computers for high-speed internet access. Students can browse, access learning Management System, download journal articles etc. on these systems. The paramedical library section has adequate information on the theoretical and practical course.

New introduction of the Academic year 2K17-18



BPT BACHELOR OF PHYSIOTHERAPY

SYLLABUS

Physiotherapy in India has a history of more than 50 years and attained its eminence in the health care team, making a rapid progress & development in the last decade.

Physiotherapy basically means physiotherapeutic system of medicine which includes examination, treatment, advice and instructions given to a person preparatory for the purpose of or in connection with movement, dysfunction, bodily malfunction, physical disorder, disability, healing and pain from trauma and disease. Physical and mental conditions using physical agents including exercise, mobilization, manipulation, mechanical and electrotherapy, activity and devices or diagnosis, treatment and prevention. A program of Physical therapy will typically involve caregivers.

Physiotherapy is an adjunct/paramedical profession. The professionals of this field are called Physiotherapists/Physical therapists. The functions of Physiotherapists are to restore and maintain the normal movement of the body. They also work to prevent movement disorders.

Physiotherapy is a science that helps improve movement dysfunction, and promote functions of the human body and optimal health. This involves assessment, diagnosis and treatment of disease and disability through physical means.

About us

Hillside College of Physiotherapy is eager to launch this new course in the reputed Hillside Group of Institutions. As thus this course opens a wide range of opportunities to serve the society thus this physiotherapist helps the disabled patients to uplift their hopes and lead a normal life. Physiotherapists help patients restore from a condition of insufficiency because of hereditary deformity or the after-effect of a mischance or ailment.

AFFILIATION & APPROVALS

Hillside College of Physiotherapy is affiliated to Rajiv Gandhi University of Health Sciences, Bangalore.

1

FIRST YEAR

Anatomy
Physiology
Biochemistry
Biomechanics
Psychology
Sociology

2

SECOND YEAR

Pathology
Microbiology
Pharmacology
Exercise Therapy
Electrotherapy
Research Methodology
& Biostatistics

3

THIRD YEAR

General Medicine
General Surgery
Orthopedics & Traumatology
Orthopedics and Sports Physiotherapy
Supervised Rotatory Clinical Training – I

4

FOURTH YEAR

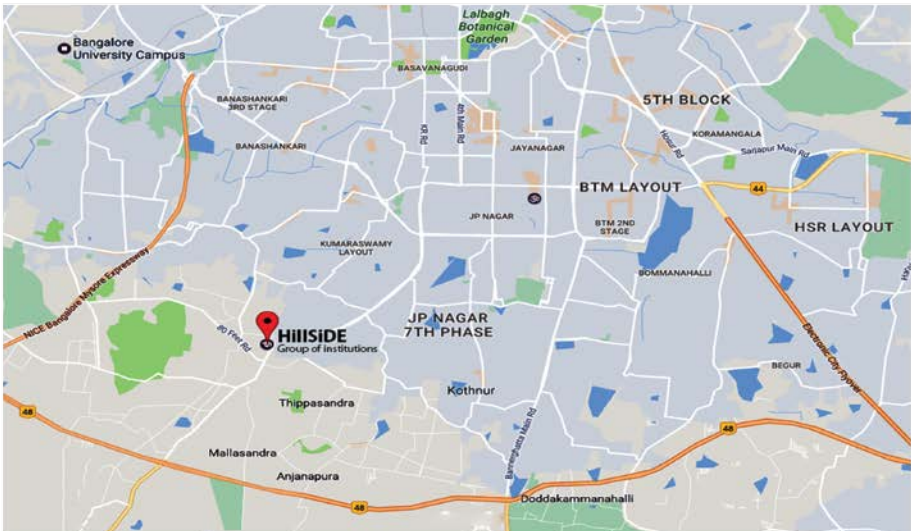
Neurology & Neurosurgery
Neuro-Physiotherapy
Community Medicine
Community Based Rehabilitation
Ethics, Administration and Supervision
Supervised Rotatory Clinical Training – II

BPT is a 4 ½ year course including six months internship under Rajiv Gandhi University of Health Sciences

Admission Process & Rules

- ◆ Every admission will be on the basis of merit.
- ◆ The candidate should submit the application form with supporting documents.
- ◆ The candidate should attend the entrance exam conducted by the management.
- ◆ The candidate should attend the group discussion and personal interview.
- ◆ The candidate should submit the recent medical certificate.
- ◆ The candidate should complete their fee before the session starts.
- ◆ The candidate should submit their original certificate as prescribed by the college.
- ◆ Each academic year is divided in to 3 session. 85% of attendance is necessary in each session for attending sessional exams. if the student has less than 85% of the attendance, he or she shall not be allowed for sessional exams as well as final exams.
- ◆ Student cannot absent themselves without the prior permission of the principal.
- ◆ Student should maintain punctuality.
- ◆ Student should come neatly to classes with uniform.
- ◆ Student will be punished, if damage or destroy the College properties.
- ◆ Misbehavior with any staff member (Teaching or non teaching) of the institution will result the candidate being de-barred from the sessional Exams and can be terminated from the institution depending upon the seriousness of the issue.
- ◆ If the students are involved in any fighting /cause disturbance /misbehavior, viewed seriously and action will be taken according to seriousness.
- ◆ If the student discontinue the course for any reason or in any circumstances, whatever the amount paid to the institution will not be refunded.
- ◆ The student must pay the balance fee for remaining course otherwise their original records will not be returned.
- ◆ Any other rules framed be the institution in force.
- ◆ All Jurisdiction for any disputes subject to the Court of Bangalore.

LOCATION





ESTD-1996
Hillside
GROUP OF INSTITUTIONS

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